North Eastern Region Community Resource Management Project
(A joint Project of Govt. of India & IFAD)

IFAD
Enabling poor rural people to overcome poverty

# Aloe Vera
## *The Nature's Own Doctor*

**Aloe Vera is a nutritional storehouse, its gel contains over 75 nutrients such as minerals, amino acids, and a number of vitamins including B12, enzymes and more. It has been used as herbal medicine since ancient times. Today Aloe Vera is the only natural source of Vitamin B12 and is widely used in skin products and for acne treatments. Aloe Vera has both internal as well as external uses and when combined with glycerin acts as a very good cleansing agent. It is also used in culinary.**

**The Aloe Vera plant is cultivated throughout the world because of its rich medicinal importance.**

## MEDICINAL USES OF ALOE VERA A-Z

**A** - Arthritis, Allergies, Asthma, Acne, Acid Ingestion, Anemia
**B** - Bad Breath, Burn, Boils, Bruise Bronchitis, Blood Pressure, Body Cleanser
**C** - Cold, Colon Cuts, Congestion, Colitis, Chapped/Chaffed skin & lips
**D** - Dermatitis, Dandruff, Dry Skin, Dysentery, Diabetes, Diarrhea, Depression
**E** - Epidermises, Eczema
**F** - Flu, Fever Blisters, Fungus, Feline Leukemia, Fungus Infection
**G** - Gastro Intestinal Problem, Gingivitis, Glaucoma, Gangrene, Gout
**H** - Heat Rash, Heartburn, Heat Burn, Herpes Zoster, Hernia
**I** - Inflamed Joints, Insomnia, Toenails, Indigestion, Insect Bites
**J** - Jaundice, Joint Pain
**K** - Kidney Infection
**L** - Leprosy, Laryngitis, Liver Problem
**M** - Mole, Mouth Ulcers, Muscle Sore
**N** - Nausea of all kinds
**O** - Odor control, Oral conditions
**P** - Pin Worms, Psoriasis, Prostrate Problem
**Q** - Quality of life
**R** - Razor Burns, Radiation Burns, Rashes, Rheumatism Pain
**S** - Stress, Strains to Joints & Ligaments, Stretch Marks, Sore Throat, Sunburn
**T** - Torn and Bruised Muscle, Tonsillitis, Tendinitis, Tuberculosis, Tumors
**U** - Ulcer, Ulceration of all kind, Urinary track problem
**V** - Vaginal Infection, Venereal Sores, Venous Stasis, Varicose Veins
**W** - Wind Burns Wounds, Warts, Wrinkles, Worms
**X** - X-ray Burn
**Y** - Yeast infection in Human and Animals
**Z** - Zoster (Shingles)

Issued in the Public Interest

A NERCORMP Initiative....

**For Better Results, Always Insist on**

**nEat Aloe Vera Products**

**Gel, Juice, Soap and others**

**For Product Query and Purchase, please contact**

**The Project Manager**
**West Garo Hills Community Resource Management Society,**
**SMELC Building, Dakopgre, Opp. Commissioner of Divisions,**
**Tura, West Garo Hills, Meghalaya – 794101**
**Contact:-9436112010/9612907001**

**Factory Address**
Aloe Vera Processing Unit
Chijingjang NaRMG, Ganol Songma
West Garo Hills, Meghalaya
Ph : 09436322717

**Outlets**
1. Durama Cave
Super Market, Room No 72
Tura, Meghalaya

**Outlets**
2. Durama Tea Factory Sales Outlet
Rongram, West Garo Hills
Meghalaya